Nightingale Infant and Nursery School
Weekly Newsletter
13.10.2025

Be **F**air
Listen and Learn
Open and Honest
Care for yourself, each other and the world
Keep Trying

Our **FLOCK** Value this week is:
Be Fair

Nightingale Families,

It's been a joy to see our children growing in confidence and developing their learning each day. Last week, I had the pleasure of spending time in Reception, where the children were dancing and singing to music outside a wonderful display of creativity and enthusiasm!

In our Thursday assembly last week, we explored the significance of Black History Month, which is celebrated throughout October. The children showed great interest as we discussed influential figures. To support this learning, our guided reading sessions have been enriched with books that highlight inspiring stories and contributions from Black individual's past and present.

You may have seen we have a position currently being advertised for a Partnership Site Manager, starting in January. Mr Lacaille, our current Site Manager is moving to Australia in the new year, so we are looking for a replacement. The link to the advert is below.
Partnership Site Manager | Education Job Finder

We have been reviewing and improving our playtime provision for the children. For the field to be used all year round, **all children will now need to bring a separate pair of outdoor shoes**. Please bring a pair of named wellies or outdoor shoes such as trainers that your children that your child can take on and off easily. These will stay in school for the remainder of the school year and will be returned at the end of the year unless requested earlier. This will start officially from after half term but please do start to bring these in now so that all children can be ready to play from the first day back.
Have a great week.

Best wishes,
Mrs McConnell, Mrs Hutt and the Nightingale Team

Attendance



Attendance – Reception/Year 1/Year 2

Attendance last week	Attendance this term
94.5 %	**93.8 %**

Our aim is to maintain the attendance above 96%. Thank you for your continued support.

Parents Evening

Parents Evening for Reception, Year 1 and Year 2 are:

Tuesday 18th November 15:30-18:30

Thursday 20th November 15:30-18:30

Booking portal will be ready to access in the next few days. You will receive a notification via Weduc once set up.

Reminder - Flu Vaccination Friday 17th October

Please complete the form, even if you do not want the vaccine.

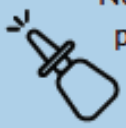
https://eastanglia.schoolvaccination.uk/flu/2025/norfolk

Vaccination UK working on behalf of NHS England

FLU IMMUNISATION FOR PUPILS IN SCHOOL YEARS RECEPTION - YEAR 11

Prevent your child from being seriously ill this winter! Vaccinating is crucial in protecting them and vulnerable friends and family from flu.

NASAL VACCINE



No needles - just quick, painless, effective flu protection

(contains gelatine)

OR

THE INJECTION

We offer a PORK-FREE, GELATINE-FREE injection considered a faith-friendly alternative.



Complete this form, even if you do not want the vaccine.

https://eastanglia.schoolvaccination.uk/flu/2025/norfolk

Secondary School students only: Young people under the age of 16 can give or refuse consent themselves if considered competent to do so by nursing staff.

CONTACT THE TEAM

norfolk@v-uk.co.uk

01603 576 320

Need more information? Please see our FAQs sheet attached with this letter.

Or visit our website:

We endeavour to come to your child's school twice. If your child is absent or unable to be vaccinated at school, they can still receive this important vaccine by attending one of our community clinics for the vaccine.

Details of these can be found on our website or you can contact the team above.

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

LEARN MORE

https://www.schoolvaccination.uk/flu

www.youtube.com/@vaccinationuk

PRIVACY POLICY

Our 2024/25 policy can be viewed here: www.schoolvaccination.uk/privacy-policy

For data protection queries, please contact: dpo@vaccinationuk.co.uk

FREQUENTLY ASKED QUESTIONS

Q WHY ARE CHILDREN BEING OFFERED THE FLU VACCINE?

Flu can make children feel very unwell and can sometimes lead to serious complications like pneumonia or ear infections. Some may even need hospital treatment. It's especially important for children with long-term conditions like asthma or diabetes, as flu can be more dangerous for them.

Q HOW DOES THE FLU VACCINE FOR CHILDREN WORK?

The nasal spray contains weakened flu viruses that help your child build protection without causing illness. Because flu strains change each year, the vaccine needs to be given annually. Most children only need one dose.

Q IS THE FLU VACCINE SAFE FOR CHILDREN?

Yes, it has a very good safety record and has been used for over 10 years in countries like the US without any major concerns. All vaccines available in United Kingdom must pass strict safety testing before being approved for use. The Medicines and Healthcare Products Regulatory Agency (MHRA) only approve vaccines that have gone through rigorous safety testing measures. The regulators continually monitor them all the time.

Q SHOULD ANYONE NOT HAVE THE VACCINE?

Let us know if your child:

- Has a severe allergy to eggs, gelatine, or certain antibiotics
- Has recently had severe asthma symptoms or is wheezy on the day
- Has a seriously weakened immune system

Also, after vaccination, children should avoid close contact with people who have very weak immune systems for about two weeks—everyone else is fine to be around.

Q ARE THERE ANY SIDE EFFECTS?

Side effects from the nasal spray are usually mild and short-lived. These may include a runny or blocked nose, headache, reduced appetite, or a slight temperature. Paracetamol or ibuprofen can help if needed.

Q WE DO NOT EAT PORK PRODUCTS. CAN MY CHILD HAVE A DIFFERENT FLU VACCINE?

Yes. There is an injectable flu vaccine is available that contains no pork (porcine gelatine).

While the nasal spray is generally more effective and painless, we respect your preferences. Just complete the consent form for the injection—no need to fill out both.

CONSENT INFORMATION

The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

Q NATURAL IMMUNITY

While natural immunity from the flu can occur, it's not generally considered better than vaccine-induced immunity. Natural infection carries the risk of severe illness and complications, whereas the flu vaccine offers protection with significantly less risk. Natural immunity can be long-lasting against specific strains, but we know that the flu virus changes (mutates) overtime so natural immunity to one strain might not protect against a different strain that emerges later Vaccines are a safer and more reliable way to protect against a wider range of flu viruses.

Flu vaccines are updated for each winter to give protection against the strains of flu that are most likely to be going around. For this reason, we strongly recommend that even if your child was vaccinated last year, they should be vaccinated again this year.

Q MY CHILD NEEDS A DIFFERENT VACCINE

If your child needs another vaccine you can speak to our team or attend one of our community clinics, all information can be found on our website: www.schoolvaccination.uk/catch-up-clinics

Q I HAVE MORE QUESTIONS

We run Q&A webinars which address frequently asked questions and gives parents an opportunity to ask their questions. You can find information and how to join on our website.

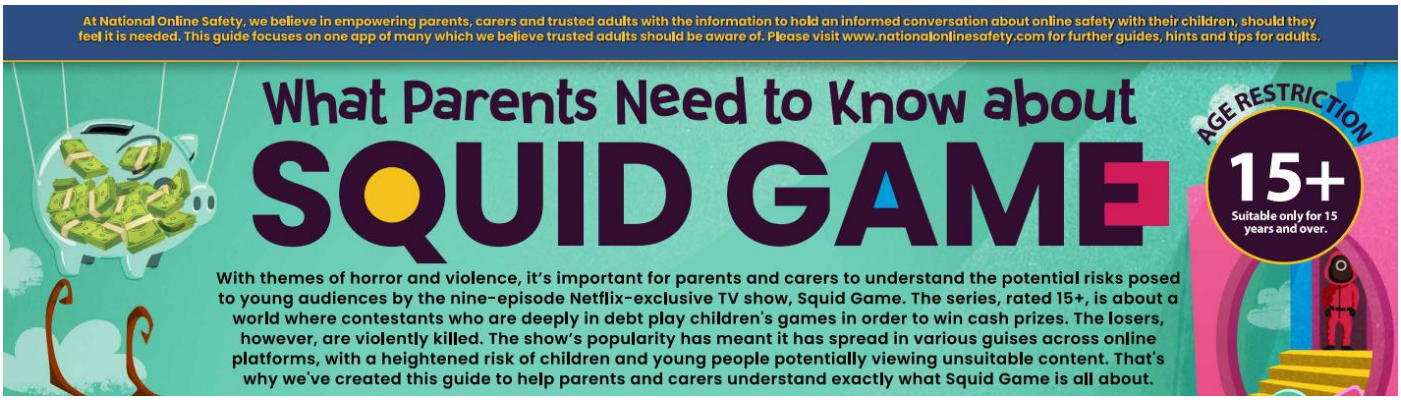
Vaccination UK

First Class Reception Photos – Publish Tuesday 14th October

The supplement will appear in the Norwich Evening News on **Tuesday 14th October.**



Safeguarding



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Find out more by visiting our website [Squid Games]

Donation

If you have a small plastic stool you no longer need, we would love to have them.

Please drop it off at the school office. We would really appreciate it. Thank you.



Reminder – Dogs On The School Site

Please note that dogs are not permitted anywhere on the school site or grounds, regardless of whether they are on a lead or being carried. Additionally, dogs must not be left tied unattended to the fence by the school.

We appreciate your cooperation in helping us maintain a safe environment for everyone.



Clothes recycling

Thank you for supporting us by donating to Collection for Clothes.
Please note they do **not** accept any school uniform items, whether they have a school logo or not. This includes jumpers, polo shirts, trousers, and dresses.

Thank you for your continuous support.

New Lunch Menu

Norse Catering is always working on creating a variety of menu options for children.

After the half-term holiday, we may be able to provide plant-based hot meals and packed lunches (including vegan cheese).

If you are interested in this option for your child(ren), please email the school office by **Friday, 17th October**. This will help us decide whether we are able to offer.

Norse Recipe

Makes 10–12

norse group

Beetroot Brownie

This sounds like a crazy combination but trust us – it works!
The beetroot gives a lovely depth of flavour
and adds moistness to the sponge.



Ingredients list

- 125g Self-Raising Flour
- 25g Cocoa Powder
- 110g Caster Sugar
- 2x Eggs - beaten
- 175ml Vegetable Oil
- 1tsp Vanilla Essence
- 50g Cooked Beetroot – grated

Method

1. Sift the flour and cocoa powder into a mixing bowl.
2. Mix in the sugar.
3. Add the vegetable oil, vanilla essence, eggs, and beetroot and mix well.
4. Pour into a greased and lined tin, measuring approx. 20cm x 26cm.
5. Bake in a pre-heated oven at Gas Mark 4, 180°C for 25–30 minutes.
6. Turn out on to a cooling rack and leave to cool.
7. Dust with icing sugar and enjoy!

Horror Hair Day



FUN SPORTS CLUB

FUN SPORTS CLUB IS GOING TO BE HELD ON A WEDNESDAY AFTER SCHOOL STARTING FROM WEDNESDAY 5TH NOVEMBER 2025 FROM 3.15PM TILL 4.15PM. RUN BY A QUALIFIED INSTRUCTOR ALONG WITH FIRST AID AND CHILD PROTECTION.

THE CLUB WILL RUN FOR 7 WEEKS COSTING **£28** IN TOTAL. WHICH WILL MEAN THE CLUB WILL WORK OUT AT £4 PER CHILD PER SESSION.

DUE TO CURRENT CIRCUMSTANCES, I WILL ONLY ACCEPT BANK TRANFERS.

FOR BACS PAYMENT: SPOT ON COACHING, A/N 83834336 S/C 20-17-20 WITH YOUR CHILDS NAME AS REFERENCE. FORMS MUST BE COMPLETED AND SENT TO: spotoncoaching1@gmail.com

PLEASE ALSO NOTE THAT ALL COMPLETED FORMS ARE KEPT FOR THE 7 SESSIONS THEN DESTROYED AFTER SESSION COMPLETION.

NAME: _____

AGE: _____

EMERGENCY CONTACT NUMBERS:

_____

PLEASE TICK IF YOU DO NOT WISH US TO TAKE PHOTOS OF YOUR CHILD ○

PLEASE TICK IF YOU DO NOT WISH US TO GIVE MEDICAL TREATMENT ○

MEDICAL DETAILS:

_____

EMAIL: _____

(PLEASE ONLY ADD YOUR EMAIL ADDRESS IF YOU DON'T MIND FUTURE COROSPONDENTS FROM SPOT ON COACHING)

Activity classes

Cook stars

Cooking classes



Apron, ingredients and equipment provided to create delicious dishes from scratch! Huge variety of sweet and savoury recipes. Classes include a fun craft activity to complete whilst the dish is cooking, a recipe card to take home and a snack.

FREE first class for all children! (booking essential)

SCAN ME

Weekly Classes

- Cook Stars Minis (age 2-5)
- Cook Stars Juniors (age 4-12)
- Cook Stars Academy (age 11 - teens)

We also offer: · Parties · Workshops · School classes · Bespoke sessions

✓ Fun ✓ Something different ✓ Friendly ✓ Great value!

Book online www.cookstars.co.uk

NATIONAL
TENNIS ASSOCIATION

JUNIOR TENNIS CAMP



Taverham Tennis Club
Hellesdon Community Tennis

29th - 31st October 2025
9:00-11:30am
5-10 years

Action packed holiday camps with team challenges, tennis skills, games and prizes.

LTA YOUTH

SCAN THE QR CODE TO BOOKOR CLICK ON THE LINK BELOW

HTTP://NATIONALTENNIS.ORG.UK/CAMPS/NORFOLK

CONTACT FOR FURTHER INFORMATION-
HELLO@NATIONALTENNIS.ORG.UK

Open Day for Reception September 2026



Dates for the diary

October 2025		
Friday	17.10.2025	1.30-3pm Flu vaccination for Reception/Year1/Year2
Friday	24.10.25	Horror Hair Day. Normal school uniform to be worn.
Friday	24.10.25	School closes at 3.15pm for half term

November 2025		
Monday	03.11.2025	School re-opens for Autumn term 2
Tuesday	11.11.2025	Phonics Cafe KS1, after morning drop off until 9.45am
Friday	14.11.2025	Children in Need (more info to follow)
Tuesday	18.11.2025	Parents Evening (YR/Y1/Y2)
Thursday	20.11.2025	Parents Evening (YR/Y1/Y2)

December 2025		
Tuesday	02.12.2025	Flu vaccination catch up if needed
Wednesday	17.12.2025	Christmas Jumper Day and Christmas Lunch (more info to follow)
Wednesday	17.12.2025	Silent Disco - Reception 3.00-3.45pm, KS1 4.00-4.45pm (more info to follow)
Friday	19.12.2025	School closes at 3.30pm for Christmas holidays

January 2026		
Tuesday	06.01.2026	School re-opens for Spring Term
Tuesday	20.01.2026	Maths Workshop KS1 after morning drop off until 9.45am

February 2026		
Friday	13.02.2026	School closes at 3.30pm for half term holiday
Monday	23.02.2026	School re-opens

March 2026		
Thursday	05.03.2026	Book Look KS1 2.30pm
Friday	27.03.2026	School closes at 3.30pm for Easter holidays

April 2026		
Tuesday	14.04.2026	School re-opens for Summer Term
W/C 20th April 2026		Parents Evening (more info to follow)

May 2026		
Friday	22.05.2026	School closes at 3.30pm for half term holiday

June 2026		
Friday	12.06.2025	Class photos

July 2026		
Thursday	02.07.2026	Y2 multi-sports event and music event
Thursday	09.07.2026	Y2 Water Extravanganza
Tuesday	14.07.2026	Year 2 Leavers Assembly 2pm
Thursday	16.07.2026	Year 2 Leavers Disco
Friday	17.07.2026	Last day of the academic year

Term dates

Key : White dates - schools open to pupils
Yellow dates - pupil holiday
Red dates - bank holiday

Norfolk County Council **2025-2026** Norfolk Model Calendar

This calendar applies to community schools, community special schools, VC schools and nursery schools and sets the days on which school transport will be provided. While most Foundation, VA, foundation special, free schools and academy trusts who are able to set their own dates, adopt the Norfolk Model, we advise you to check with your child's school before making holiday or other commitments.

September 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2025

M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2025

M	T	W	T	F	S	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2026

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2026

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						